

METTS DANCE 2023-2024 FALL SCHEDULE

Monday		Tuesday		Wednesday		Thursday		Saturday	
5-6 PM		5-6 PM		5:00 – 5:45 PM	5:00 – 6:30 PM	5-6 PM		10 – 11 AM	
Studio 1 Hip Hop 1	Studio 2 Jazz 1	Studio 1 Lyrical 1	Studio 2 Mini METTS 1	Studio 2 Min METTS A	Studio 1 Mini METTS 3	Studio 1 Mini METTS 2	Buffalo Aerial Dance	Studio 1 Mini METTS 1	Studio 2 Mini METTS 2
6-7 PM		6-7 PM		6-7 PM	6:30 – 7:30 PM	6-7 PM		11 AM - Noon	
Studio 1 Hip Hop 2	Studio 2 Tap 2	Studio 1 Lyrical 2	Studio 2 Acro 1	Studio 2 Acro 3	Studio 1 Jazz Funk	Studio 1 Jazz 3	Buffalo Aerial Dance	Studio 1 Ballet 1	Studio 2 Ballet 2
7- 8 PM		7-8 PM		7-8 PM	7:30 – 8:30 PM	7-8 PM		Noon – 1 PM	
Studio 1 Hip Hop 3	Studio 2 Tap 1	Studio 1 Lyrical 3	Studio 2 Acro 2	Studio 2 Acro 4	Aerial Adult Yoga	Studio 1 Tap 3	Buffalo Aerial Dance	Studio 1 Kids Aerial Yoga	
8-9 PM		8-9 PM		8 – 9 PM		8-9 PM			
Studio 1 Technique		Studio 1 Contemporary	Studio 2 Adult – Open Class	Open Tumbling		Studio 1 Ballet/Pre- Pointe			